



5. Flensburg liebt dich Marathon 2023 - VR Bank Marathon

Erstellt: 03.09.2023 19:19:38

Platz	M	W	Nr.	Vorname	Nachname	AK-Platz	AK	Verein	Netto
1	1		2	Phillip	Gerloff	1	M30		02:45:17
2		1	4	Begitte	Hansen	1	W30	Happy Running/SimonSkov/ S.P Byg	02:57:57
3	2		401	Lennart	Behmer	1	M35	Sv Frisia 03	02:58:39
4	3		413	Bernd	Lorenzen	1	M60	Borener SV	03:09:08
5	4		7	Steffen	Thomsen	1	MHK	Happy Running / Team Meins RUNning	03:09:30
6	5		5	Markus	Schuler	1	M50	LV Oelde	03:10:16
7	6		113	Sebastian	Klausch	1	M45	LAC Kronshagen	03:11:28
8	7		232	Björn	Zimmermann	2	M30	1. Flensburger Laufftreff	03:11:45
9	8		37	Steen	Christesen	2	M45	Klub 100 marathon Danmark	03:11:58
10	9		8	Sören	Sören Jacobsen	1	M40	LG ERSÖ	03:12:40
11	10		170	Tom	Petersen	3	M30		03:13:03
12	11		411	Hans-Jürgen	Gregersen	2	M60	SV Freie Waldorfschule Flensburg	03:15:20
13	12		277	Thorben	Nehmdahl	2	M40	Allianz Redmann und Nehmdahl	03:16:04
14	13		32	Nico	Bruns	3	M45		03:16:38
15	14		19	Iven	Beck	1	MJ U20		03:18:53
16		2	402	Claudia	Sticher	1	W35	LG Elmshorn	03:19:06
17	15		72	Dennis	Gumz	4	M30		03:19:32
18		3	70	Anne-Mette	Grevsen	1	W40	Happy Running / Team Meins RUNning	03:19:34
19	16		191	Jakob	Schöning	2	MHK	STV Sörup	03:19:35
20	17		409	Volker	Friedrichsen	2	M50	SV Enge-Sande	03:20:01
21	18		123	Krystian	Kozlowski	2	M35		03:21:43
22	19		139	Uffe	Madsen	1	M55	Happy Running / Bov IF	03:22:01
23	20		120	Jörg	Korn	3	M50	Team Magenta	03:22:50
24		4	90	Miriam	Hogan	1	W45	Caritas	03:23:23
25	21		218	Martin	Trame	3	M60	LV Oelde	03:23:48
26	22		101	Morten	Jensen	5	M30		03:24:01
27	23		209	Torben	Szemkus	3	MHK	Laufen in Bad Segeberg	03:24:36
28	24		3	Kim	Rasmussen	3	M35		03:24:49
29	25		99	Thorsten	Janssen	4	M35	Stay Hard Club Uplengen	03:26:09
30		5	185	Olga	Scheiermann	2	W30		03:26:11
31	26		415	Malte	Pontoppidan	4	M45	SV Freie Waldorfschule Flensburg	03:26:38
32	27		133	Gunnar	Lassen	5	M35		03:27:25
33	28		124	Paul Joshua	Kramer	4	MHK		03:27:29
34	29		67	Dietmar	Götsch	2	M55		03:27:35
35	30		408	Jürgen	Clausen	4	M60	Spiridon Schleswig	03:27:37

Platz	M	W	Nr.	Vorname	Nachname	AK-Platz	AK	Verein	Netto
36	31		34	Jürgen	Bultmann	5	M60	100 Marathon Club	03:27:46
37	32		52	Wulf	Evers	4	M50	Pinneberg	03:29:20
38	33		130	Pierre	Lakaw	5	M45		03:30:47
39	34		195	Ron	Schwensen	3	M40	Angeliter Rennschnecken	03:31:05
40	35		127	Immanuel	Kruse	4	M40		03:34:09
41	36		156	Henrik	Møller	6	M45	Klub 100 halvmarathon	03:35:21
42	37		233	Thies	Abschnikat	6	M30	SV Wadenkrampf	03:35:58
43	38		97	René	Jacobsen	7	M45	BUI - Motion	03:37:14
44		6	416	Rabea	Reinhold	3	W30	Husumer Sportverein seit 1875 e.V.	03:37:44
45	39		98	Christoph	Jaekel	5	M50	100 Marathon Club	03:37:45
46	40		55	Marcel	Fell	8	M45		03:39:51
47	41		63	Tjark	Gerull	5	MHK	SG Flensburg-Handewitt	03:40:48
48	42		134	Eric	Lindner	6	MHK	Abfahrt.	03:41:42
49	43		31	Michael	Brehe	6	M60	FC Bayern München	03:43:01
50	44		27	Christian	Brachvogel	5	M40		03:44:19
51	45		404	Maik	Beta	7	M30	STV Sörup	03:45:26
52		7	111	Linda	Kays	2	W40	Hamburger Laufladen	03:45:38
53	46		137	Karsten	Lüdersen	3	M55	FC St. Pauli Marathon	03:45:46
54		8	76	Anna	Hahn	3	W40		03:46:24
55	47		143	Lucas	Malyska	6	M35		03:47:03
56	48		152	Erik	Müller	6	M50	Feuerwehr Ellerdorf	03:47:20
57	49		61	Rajiv	Gauri	7	M50		03:48:04
58	50		106	Lars	Julius	4	M55	Hammel GF	03:48:41
59	51		83	Lars	Herzog	6	M40		03:48:44
60	52		87	Louis	Hömske	7	MHK		03:49:14
61	53		3044	Jens	Mogensen	5	M55	Klub 100 marathon Danmark	03:50:37
62	54		79	Michael	Harder	8	M50		03:52:02
63	55		205	Robert	Städter	9	M45	1. Flensburger Laufftreff	03:52:16
64	56		81	Tony	Hejslet	6	M55	Hjallerup loebeklub	03:52:21
65	57		3030	Benedikt	Lorenzen-Schmidt	7	M35		03:53:18
66	58		178	Hans	Renkwitz	9	M50	Roedekro Tri & Motion	03:53:34
67		9	417	Anke	Rohwer	1	W65	Ostroher SC	03:53:39
68	59		58	Ole	Fogtmann	10	M50	Team Fogtmann Racing	03:54:46
69	60		198	Sascha	Siedler	7	M40		03:54:53
70	61		153	Gordon	Müller Skovgaard	11	M50		03:55:02
71	62		199	Rafael	Siems	8	M40	Küstenläufer	03:55:24
72	63		119	Ulf	Kohlmann	7	M55		03:56:07
73		10	175	Marie	Raun Knudsen	4	W40	FIT4RUN	03:56:32
74		11	110	Helena	Kanstrup	2	W45	Stigeloerberne	03:56:33
75	64		59	Lukas	Fürstenwerth	8	MHK	CODIN IT	03:56:49

Platz	M	W	Nr.	Vorname	Nachname	AK-Platz	AK	Verein	Netto
76		12	172	Julie	Pinto	1	WHK		03:57:00
77		13	100	Jördis	Jensen	4	W30		03:57:07
78	65		215	Jens	Thomas	8	M55	Fulljack	03:57:31
79		14	135	Gyde	Lorenzen	2	W35	TuRa Meldorf	03:58:02
80	66		419	Thorsten	Schulte	9	M40	LTV Kiel-Ost	03:58:02
81	67		17	Karsten	Bak	9	M55	Atletica Horsens	03:58:16
82	68		45	Olaf	Eggert	10	M55		03:58:42
83	69		78	Claus Bo	Hansen	12	M50	StigeLäufer	03:58:43
84	70		229	Tommy	Wolbrink	13	M50		03:58:46
85	71		20	Philipp	Becker	8	M35		03:59:44
86	72		176	Michael	Reckling	10	M40		04:00:15
87	73		164	Ib	Nystrup	11	M55	Silleruplauforein	04:01:35
88		15	190	Charlotte	Schöck	2	WHK		04:01:44
89	74		214	Klaus	Thingholm	14	M50	Stigeloerberne DK	04:04:14
90	75		155	Claus	Møller	7	M60	Hjallerup loebeklub	04:04:50
91		16	112	Marie Frilev	Kirketerp	5	W40	Hjallerup loebeklub	04:04:50
92		17	226	Marlene	Wieder	3	WHK		04:06:23
93		18	208	Daniela	Switalla	6	W40	Möllner SV	04:08:25
94	76		206	Ansgar	Stalder	12	M55	LTV Kiel-Ost	04:08:36
95	77		167	Constantin	Peitz	9	MHK		04:08:45
96	78		46	Jan	Eichhorn	11	M40	TSV Lindewitt	04:09:59
97	79		202	Sven	Sonnenberg	13	M55	Ostroher SC	04:10:41
98	80		192	Andreas	Schon	14	M55		04:10:45
99	81		147	Michael	Menzel	15	M50	Ultrafriesen e.V.	04:10:58
100	82		16	Mihail	Avram	9	M35		04:12:00
101	83		154	Bernward	Münster	15	M55	Köln	04:12:32
102	84		62	Tobias	Gebhard	10	M35	MTV Ashausen	04:12:47
103	85		165	Hermann	Ossowski	12	M40	TBZ Flensburg	04:12:49
104	86		179	Matthias	Richter	11	M35	AUGUSTIN GROUP	04:13:12
105	87		115	Robin	Kleine	12	M35		04:13:26
106	88		161	Michael Zimmermann	Nielsen	8	M60	Klub 100 marathon Danmark	04:13:47
107	89		104	Justin	Johannsen	2	MJ U20		04:13:49
108		19	197	Nane	Sibbersen	5	W30		04:13:53
109	90		40	Martin	Courbier	13	M35		04:13:55
110	91		159	Frank	Niebel	16	M50	LTV Kiel-Ost	04:13:59
111	92		180	Roland	Riedel	9	M60	DUV	04:14:09
112		20	213	Marie	Theede	1	WJ U20		04:14:28
113		21	207	Claudia Maria	Steens	1	W50		04:14:55
114	93		35	Kassian	Burster-Hake	16	M55	LT Schönberg	04:16:51
115	94		405	Hilmar	Boguhn	1	M70	Borener SV	04:16:54

Platz	M	W	Nr.	Vorname	Nachname	AK-Platz	AK	Verein	Netto
116	95		69	Thorsten	Grandt	13	M40	FC St. Pauli v. 1910 e.V.	04:17:12
117		22	60	Karen	Gad	2	W50		04:18:29
118		23	183	Sarah	Sarah Schreiber	4	WHK		04:19:48
119	96		186	Oliver	Schepers	17	M55		04:19:55
120	97		131	Steen	Larsen	18	M55		04:21:17
121		24	421	Renate	Stult	1	W55	STV Sörup	04:21:31
122		25	196	Grit	Seidel	3	W50	LG Nord Berlin Ultrateam	04:21:54
123	98		26	Harald	Bootz	10	M45		04:22:14
124		26	86	Maud	Hjortshøj	4	W50		04:22:38
125	99		217	Axel	Tomm	10	M60	TuS Holstein Quickborn	04:23:15
126		27	91	Helen	Hogeveen	5	WHK		04:23:17
127	100		88	Hanno	Höper	11	M60	100 Marathon Club	04:23:21
128	101		12	Ulrik	Andersen	17	M50	Vidar motion	04:23:22
129		28	138	Ulla Freiberg	Lund	2	W65	Vidar motion	04:23:22
130	102		38	Lukas	Christiansen	10	MHK	SocialMediaTwins Flensburg	04:23:33
131	103		194	Reinhold	Schwalb	12	M60	NF2RUN	04:24:39
132	104		10	Jan	Albrecht	14	M35		04:25:30
133		29	222	Jessica	Wagner	7	W40	ERDINGER Active Team	04:26:15
134	105		33	Moritz	Buchholz	8	M30		04:28:54
135	106		18	Michael	Bechert	19	M55	Yogaschule Yoga-AurOm	04:30:01
136	107		114	Jamin	Kleine	14	M40		04:30:03
137	108		162	Torben	Nielsen	15	M35		04:31:58
138		30	23	Miriam	Bierbaum	5	W50	Klub100 1/2	04:32:22
139		31	188	Kristine	Schmelling	6	W50	Klub 100 marathon Danmark	04:32:24
140		32	3020	Svea	Holm	6	WHK		04:33:34
141	109		75	Bernd	Hadeler	20	M55	Ultrafriesen e.V /100 MC	04:34:50
142	110		71	Tristan	Güssow	11	MHK		04:34:51
143	111		168	Kim	Pelo	11	M45	PELO MARATHON & REJSER	04:35:57
144	112		174	mADS	Hartvigsen	12	M45		04:35:57
145	113		136	Iven	Lorenzen	12	MHK		04:36:02
146	114		225	Sebastian	Weber	15	M40		04:36:03
147		33	43	Franziska	Dreier	3	W35		04:38:17
148		34	93	Pia	Holst	2	W55	DHK	04:39:08
149	115		25	Thomas	Boelter	13	M60	ERGO sports Köln	04:41:28
150	116		157	Sander	Møller	21	M55	Bogensloeberne	04:42:02
151	117		56	Agustin	Figueroa Nazar	13	MHK	River Plate Filial Berlin	04:42:45
152	118		22	Frank	Bertram	14	M60	LT Einfeld	04:44:24
153		35	77	Bianca	Hahne	7	W50	Ultrafriesen e.V.	04:44:42
154	119		42	Ralf	Dembeck	18	M50	Ultrafriesen e.V.	04:44:46
155	120		108	Bo	Junker	22	M55	AAIG Aabenraa	04:45:21

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156	121		107	Frank	Jungclaus	19	M50	100 Marathon Club	04:45:33
157	122		84	Stefan	Hinrichsen	20	M50	Laufftreff Friedrichstadt	04:45:39
158	123		15	Karsten	August	16	M40	100 Marathon Club	04:47:23
159		36	151	Bente	Morild	3	W65	Klub 100 marathon Danmark	04:49:19
160		37	96	Lenette	Ishøy	3	W55	Klub 100 marathon Danmark	04:49:32
161	124		414	José	Molero-Membrilla	1	M80	Borener SV	04:52:33
162	125		148	Steffen	Meyer	9	M30		04:52:45
163	126		145	Dennis	Matz	10	M30		04:52:45
164	127		231	Robert	Ziegeltrum	16	M35		04:54:25
165	128		224	Thore	Walter	14	MHK		04:55:22
166	129		211	Jan Philipp	Temme	15	MHK		04:56:18
167		38	36	Wiebke	Carstensen	7	WHK	TSV Süderlügum	04:58:04
168	130		54	Hartmut	Feldmann	23	M55		04:58:08
169		39	39	Wenke	Claußen	4	W35		04:58:38
170		40	85	Dorota	Hinz	8	W50	100 Marathon Club	05:00:49
171		41	228	Michaela	Winter	8	W40	LSF Münster	05:00:51
172	131		189	Dietrich	Schneider	15	M60	Sportfreunde St. Nicolai	05:00:55
173	132		30	Klaus-Peter	Bregas	21	M50	Manni das Mammut	05:03:07
174	133		3093	Ettore	Gandolfi	17	M40		05:04:00
175	134		41	Aidin	Dehghan Jowghan	16	MHK		05:04:05
176		42	128	Cindy	Krutzsch	9	W40	LG Mauerweg Berlin e.V.	05:05:22
177		43	142	Stephanie	Maifarth	10	W40		05:05:45
178	135		177	Milan	Reder	11	M30		05:06:59
179	136		74	Charly	Guth	22	M50	ERDINGER Active Team	05:08:13
180	137		66	Frank	Gleiter	23	M50		05:11:52
181	138		203	Tilman	Speidel	17	M35		05:12:59
182	139		109	Gerd	Junker	1	M65	100 Marathon Club	05:14:55
183	140		210	Bo Fibæk	Sørensen	24	M50		05:23:26
184		44	48	Kirsten	Eisele	5	W35	ERDINGER Active Team	05:24:29
185		45	47	Gabriele	Eisele	1	W60	100 Marathon Club	05:24:30
186		46	193	Svetlana	Schulze	3	W45		05:28:54
187		47	146	Diana	Meier zu Verl	4	W45	Laufftreff Kaltenkirchen	05:29:25
188		48	118	Erika	Köhn Erika	4	W65	100 Marathon Club	05:36:27
189	141		223	René	Wallesch	25	M50	Gor Mahia Runners	06:07:04